

DEVELOPMENTAL TRAUMA: new thinking, new treatment, new challenges

Parts One & Two: 16 live one-hour online sessions

Abuse, assault and neglect in early childhood impact every major system in the human brain from the brainstem to the cortex, from the sense of balance to the sense of self. These disruptions in brain development have far reaching implications for the treatment of those who have suffered these histories.

This 16-week live webinar series will explore an integrated therapeutic approach using trauma-informed psychotherapy, neurofeedback, and trauma-informed body work to deeply address the terrible aftermath of developmental trauma.



Sunday evening US EST/ Monday morning AU AEST
Please see website (trainingtrauma.com) for schedule details.

Dates:

Sunday night US EST/ Monday morning AU

2018	2019
Oct 14/15, 21/22, 28/29	Feb 3/4, 10/11, 24/25
Nov 4/5, 11/12, 18/19	Mar 3/4, 17/18, 24/25, 31/Apr 1
Dec 2/3, 9/10	Apr 7/8

“ Neurofeedback is an essential ingredient in the treatment of developmental trauma. Sebern Fisher is the one to teach us.”

- Bessel van der Kolk, MD

“ Sebern’s teaching style enables our clinicians to learn more about the effects that complex developmental trauma has on the brain, mind and body.

- Alikki Russell, Psychologist, Newcastle, Australia



Sebern Fisher

Learning Objectives. Participants will:

Part One (8 one-hour sessions: \$479 EEGER Affiliates / \$549 for non-affiliate | Psychologists 8 CE ~ Counselors 8 Contact Hours*)

1. Be introduced to the latest research on the impact of early childhood neglect and abuse on the human brain.
2. Explore what areas of the brain are most affected and what they contribute to an intact sense of self and other.
3. Examine how the impacts on the brain manifest as clinical symptoms.
4. Be offered an approach to clinical assessment that informs neurofeedback protocols.
5. Explore the primacy of the reptilian/limbic brain as manifest in fear, shame, rage, and dissociation.
6. Explore the ways memory is held in the hippocampus and the amygdala.
7. Be provided the protocols that have most helped to quiet fear, shame and rage and rationales for these protocols.
8. Be given guidelines for developing new protocols to help the deeply traumatized brain learn to organize and quiet high levels of arousal.

Part Two (8 one-hour sessions: \$479 EEGER Affiliates / \$549 for non-affiliate | Psychologists 8 CE ~ Counselors 8 Contact Hours*)

1. Explore how the realities of the impaired self system in the brain manifest in the treatment room.
2. Explore the implications for psychotherapy when there is no established self/other brain network.
3. Examine how arousal at the level of the brain contributes to a sense of self and/or a fragmented self.
4. Discuss the primacy of motherlessness in those with histories of developmental trauma.
5. Discuss how the felt experience of motherlessness can be influenced by neurofeedback within a therapeutic relationship.
6. Discuss the transference and counter-transference dilemmas of motherlessness and how brain regulation can affect both.
7. Explore the therapies that address the body that's keeping the score and how brain regulation relates to these approaches.
8. Discuss the changing and central role of the therapist who integrates neurofeedback and psychotherapy.

*To qualify for CE credit, participant must sign in and attend each live seminar for that part. Webinar sessions will be recorded and available for attendees to view during following week.

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EEG Education & Research (EEGER) is approved by the American Psychological Association to sponsor continuing education for psychologists. EEGER maintains responsibility for this program and its content.



With her great clinical insights and unique ability to translate current research in the neuroscience of trauma into guiding principles for neurofeedback practice, Sebern's webinars are without doubt the best way to learn how to integrate neurofeedback and psychotherapy in working with trauma survivors."

- Mirjana Askovic, STARTTS, Australian Neurofeedback Institute